

S1D Youth Sailing Team COVID Form

Prior to Camp/Clinic

- Self-monitor for symptoms of COVID-19 prior to the clinic as best as you can.
- Send all travel and housing and travel plans for the camp duration email to S1DSailingteam@gmail.com
- No athlete or staff member should attend training if they have any signs or symptoms of COVID-19 or have been in close, sustained contact (i.e. closer than six feet for more than 15 minutes) with someone with known or suspected COVID-19 in the past 14 days.
- Athletes/staff should ideally stay in single rooms and ideally with family. Those who live together should remain together for training, eating, travel to and from venue, etc.
- Athletes and staff will “shelter in place” during the camp. Minimize any type of public interactions such as going to a restaurant, grocery store, using public transportation, etc.

During Camp/Clinic

- Masks or face coverings are recommended at all times while on shore (through the gate to boat launching), and required when indoors.
- Boat park access will be restricted to only those invited to attend the camp. Parents may drop sailors off but cannot congregate for long periods of time inside the marina/boat park.
- Athletes and staff will “shelter in place” for the duration of the camp. Please minimize any type of public interactions such as going to a restaurant, grocery store, using public transportation, etc.
- No gatherings of groups of 5 or more at any point while at the marina/boat park
- Use of showers/locker rooms limited to one or three at a time (if social distancing allows)
- Boats and gear will be spaced 6 feet apart in the marina/boat park
- No group meals or sharing of food/water
- Athletes must ensure the proper cleaning and sanitization of all of their personal equipment
- Athletes must supply their own equipment, including water bottles, sunscreen, towels, food, etc

By signing below, I acknowledge that I have completely read and fully understand the ODP COVID-19 Protocol and failure to follow any of the rules set out in this document, prior to, or during a camp will result in immediate dismissal from the camp.

Signature of Event Participant: _____

Print Name: _____ Date: _____

Signature of Parent/Legal Guardian (if under 18): _____

Print Name: _____ Date: _____